

MENU

LOK

7

SNACKS AND STARTERS

CARROT-GINGER-SOUP 10.50

SMALL PLATTER 18.50

Matured Rigi cheese
A pair of local dried cold sausages

SOUP OF THE DAY small 6.50
large 10.50

SMALL SALAD 6.50

FRENCH FRIES small 6.50
large 12.00

KIDS MENUS

CHICKEN NUGGETS AND FRIES 10.00

SPAGHETTI WITH TOMATO SAUCE 10.00

CHEESE SPÄTZLI 10.00
with apple puree

MAIN COURSES

LARGE MIXED SALAD	19.50
with a grilled chickenbreast	+4.00
RÖSTI (HASH BROWN)	21.00
backed with Raclette cheese	+4.00
with bacon	+3.00
with a fried egg	+2.00
HOMEMADE ALPINE HERBS CHEESE SPÄTZLI	
with apple puree	24.50
SPAGHETTI HUBERTUS	
with mushrooms, cream and bacon	25.50
SPAGHETTI LOK 7	
Tomato, Peperoncini, cream, bacon, herbs, garlic and Olives	22.50
SPAGHETTI ROTSTOCK	
Homemade Broccolipesto and pine nuts	21.50
with a grilled chickenbreast	+4.00
CHEESEFONDUE MOITIÉ-MOITIÉ (AT LEAST 2 PERSONS)	
With bread and pickles, per Person	29.50

CORDON BLEUS

All Cordon bleus are served with vegetables and French fries

WITH VEAL

FRANZ TONI	42.50
Rigi cheese and ham	

WITH PORK

ÄLPLER	33.50
Bacon, cheese and onions	

FEUERSCHLUCKER	33.50
Chili, chorizo (ESP) and cheese	

WEEKLY SPECIAL	33.50
Please ask our staff	

Unless otherwise stated, we use only Swiss meat. For information regarding ingredients (allergens) please do not hesitate to ask a member of staff. All prices in CHF incl. VAT

OUR LOCAL SUPPLIERS

EGGS

Brigitte Zimmermann, Oberschwanden

■ 13 km distance



CHEESE

Franz-Toni Kennel, Chäserenholz Rigi

■ 2 km distance



MEAT AND CHARCUTERIE

Butchery Sternen, Arth

■ 12 km distance



Heinzer Butchery, Muotathal

■ 30 km distance



DRINKS

LOK

7

WINE BY THE GLASS

WHITE WINE **1DL** **7.5DL**

VERMENTINO 2019 6.50 46.00

Vermentino / Castello di Meleto Borgaio, Toscana

FENDANT LES MURETTES 2020 7.00 49.00

Chasselas / Maison Gilliard, Valais

PROSECCO **1DL** **7.5DL**

Millesimato 2020 8.00 56.00

Glera / Selezione Fellini, Veneto

WINE OF THE DAY WHITE on request

Please ask our staff

WINE BY THE GLASS

RED WINE	1 DL	5 DL
PRIMITIVO, IGT	5.00	25.00
PINOT NOIR CLASSIC 2019 Nadine Saxer, Neftenbach Zürich	6.00	30.00
RED WINE	1 DL	7.5 DL
CHIANTI CLASSICO Sangiovese, Castello di Meleto / Toscana	7.00	49.00
L'ELU CUVÉE ROUGE 2019 Cornalin, Diolinoir, Syrah, Humagne rouge / Valais	8.00	56.00
WINE OF THE DAY RED Please ask our staff	on request	

BOTTLED WINE

ROSÉ- AND WHITE WINE

7.5DL

L'ELU CUVÉE BLANCHE 2020

61.00

Petite Arvine, Heida, Chasselas, Johannisberg/ Valais

TRÉSORS DE FAMILLE 2021

61.00

Petite Arvine / Maison Gilliard- Valais

SAUVIGNON BLANC 2021

63.00

Sauvignon blanc / Nadine Saxer, Neftenbach Zürich

MIRABEAU PURE ROSÉ 2020

56.00

Grenache, Syrah / Provence

RED WINE

7.5DL

CORNALIN 2018

61.00

Cornalin/ Maison Gilliard- Valais

HUMAGNE ROUGE 2019

60.00

Humange rouge / Maison Gilliard - Valais

TIME WAITS FOR NO ONE 2019

48.00

Monastrell / Jumilla - ESP

BALBÁS RESERVA 2018

68.00

Tempranillo, Cabernet Sauvignon / Ribera del Duero - ESP

WINE

LIMITED AVAILABILITY

WHITE WINE

7.5DL

ARNEIS TRE FIE DOC 2019

56.00

Roero Arneis / Marrone, Piemont

FINCA LA COLINA 2020

63.00

Sauvignon blanc / Castilla y Leon, ESP

QUARZ 2016

68.00

Sauvignon blanc / Cantina Terlan- Alto Adige

CHAMPAGNE

7.5DL

PERRIER ET JOUËT BRUT

82.00

Chardonnay, pinot noir

WINE

LIMITED AVAILABILITY

RED WINE

7.5DL

MONTES ALPHA 2016

64.00

Carmenere / Colchagua, Chile

QUINTA DO ZAMBUJEIRO 2018

71.00

Assemblage aus 7 Trauben / 93 Parker / Alentejo, POR

LES TERRASSES 2019

79.00

Carignan, Garnacha / Alvaro Palacios, Priorat, ESP

LA IGLESIA DE ARINZANO 2012

82.00

Tempranillo, Merlot / Pago de Arinzano, Navarra, ESP

CHÂTEAU LES HAUTES DE CANON LA GAFFELIERE 2016

86.00

Merlot, Cabernet Franc, Cabernet Sauvignon / St. Emillion, Frau

LA SERRE NUOVE DELL'ORNELLAIA 2018

89.00

Cabernet Sauvignon, Merlot und Cabernet Franc
94 Parker / Toscana, ITA

PINTIA D.O. TORO VEGA SICILIA 2016

96.00

Tinta de Toro / 95 Parker / Ribera del Duero, ESP

COLD BEVERAGES

SOFTDRINKS

	3DL	5DL	1LIT
Sinalco Cola	4.50	5.50	9.50
Sinalco Cola zero	4.50	5.50	9.50
Elmer Lemonade	4.50	5.50	9.50
Rivella red/blue	4.50	5.50	9.50
Apfelschorle	4.50	5.50	
Sinalco	4.50	5.50	
Ice tea	4.50	5.50	
Sirup for kids	gratis		

WATER

	3DL	5DL	1LIT
still/sparkling	4.00	5.00	8.00

GAZOSA 35CL

various flavours	6.00		
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BEERS AND APERO

DRAFT BEER

Eichhof Lager

3DL

4.50

5DL

7.00

BOTTLED BEER

Eichhof Lager

58cl

7.50

Eichhof no alcohol

33cl

5.50

Appenzeller Weissbier

50cl

7.50

Appenzeller Weissbier no alcohol

50cl

7.50

RIGI BEER SEEBODENALP

Lager, Stout or Red Ale

33cl

6.00

SUURI MÖST (SWISS CIDER)

Ramseier unfiltered

49cl

6.00

Ramseier no alcohol

49cl

6.00

APERRO

Lok7 house Aperro
(ask our employees)

9.00

Aperol Spritz

9.00

Campari Orange

10.00

WE ALSO HAVE A SPIRITS COLLECTION

HOT BEVERAGES

COFFEE

Coffee/Espresso	4.50
Double espresso	5.50
Cappuccino	5.00
Latte Macchiato	5.80
Coffee with a shot (Prune, cheery, plum, herbs or apple)	7.00
Ghost of Lok7 (hot lime blossom schnaps)	7.00

MILK AND PUNSCH

Chocolate / Ovomaltine	4.50
Chocolate melange	5.50
Punsch (Apple, orange, Rumpunsch)	4.50

SIROCCO TEA

5.00

Peppermint, black tea, Alpine herbs,
fruits, lemon-ginger, camomille,
green tea, winter moments and verbena